



Eddylines

Port of Plymouth Canoeing Association

Newsletter 11 September 2015

Welcome to the September edition of Eddylines. As promised it is a few weeks late due to the editor having a well deserved summer holiday. There are lots of articles about the club and what is coming up over the winter months. But that is about it readers, on my return from foreign climates my inbox was devoid of emails with scintillating tales of summer paddling from the membership or little ditty's about other holiday escapades.

Newsletter Editor (Terry Calcott)

The Newsletter Editors post will be vacant after the October (number 12) edition of Eddylines is published. If there are any aspiring Editors who would like to take on the post please let me know.

Isles of Scilly camp 2016. (Joy Ashford)

The application form for next year's Scilly camp is attached with this month's newsletter.



Pelistry beach (5 minutes from the campsite) (photo from Terry Calcott)



The campsite (just a few of the tents) what a fantastic view (photo from Terry Calcott)

I have been on a number of these camps and they are fantastic. If you enjoy sea kayaking and want to paddle in one of the best sea kayaking destinations in the world then now is your chance. Fill out the application form and send it to Joy.

Club meal Saturday 5th December (Paula Jones)

Let's have a drink or curry at Mountbatten on Saturday, 5th December at 6.30pm. I am in receipt of a booking form but need some numbers for a curry. £5 to me please.

I will need to let Mountbatten know. Everyone welcome.

Contact Paula Jones phone 01364 72548 or email paula@beara.eclipse.co.uk

3 Star Assessment (Clive Ashford)

I am running the 3 star sea kayak assessment on Saturday 26 September. The exact location and time of this assessment is weather dependant but is most likely to be from Mount Batten. Judging from past experience the assessment will finish at approx 15:00hrs.

Places are limited to 6 and booking is essential. To book your place please either phone 01752 344425 or e-mail cliveandjoy01@gmail.com

Craft. The 3 star sea kayak syllabus has this to say about the craft to be used on the assessment. A sea kayak suitable for journeying on the sea and one that allows the candidate to safely and effectively complete the requirements of this syllabus. Historically most club members have taken this assessment in general purpose kayaks. I see no reason to break with this fine tradition.

It is worth looking at the assessors notes that can be found at <http://www.canoe-england.org.uk/media/pdf/BCU%203%20Star%20Sea%20Assessment%20Notes%20V3-0%20Oct13.pdf> Pay particular attention to section D, the theory section.

Any questions please don't be afraid to ask.

PPCA Coach funding

This year the committee have put aside some money in the budget to help fund towards some of the costs the coaches/ leaders who personally pay out to get the qualifications needed to teach the sport to our members. Could those wishing to apply for any reimbursement please put in writing to the committee what courses they attended, when and costs. The committee will then look at it and allocate an amount depending on how many applications we get and costs of the course/s.

Any course taken since October 2014 to September 2015 (the Club Year). You can apply for both training courses and or assessments but also elements needed to get to the correct level for 4 star or level 1 or 2 etc. We need applications before our next meeting which is Monday 28th September. Please email all applications to ppca@ppca-canoe-club.org.uk

Thanks the Committee.

Website Forum (Andy Nicholls)

Hi all, now is the time of year the website forum is used most of all. It is used to advertise all the river trips and sea/ recreational paddles. Certainly from the river trip leaders point of view it is vital we know how many beginner paddlers we have coming to ratio of helpers. I'm sure it is of use for planning for the recreational paddles too.

To register for the forum is simple. Please visit the club website at www.pcca-canoe-club.org.uk click on "Members Forum" on the menu bar under our name this will take you to the forum.

To register click the box top right of the page. Then click register, accept the terms and conditions.

You will be then need to create a username and password (please note these are case sensitive and need to contain a capital, the password also needs to contain a number). Fill in the random text screen at the bottom and press submit. Once done please send an email to andy@ppca-canoe-club.org.uk and let me know who you are and what user name you have created and I will get you activated. (I know this is a pain but I still get about 10 - 20 fake applications per week).

The River Season 2015/16 (White Water paddling) (Club Leader)

The river season kicks off from October and runs until the middle of March. Meaning that we will be paddling through the winter, so think cold and dress warm. River Paddling is great for those thrill seekers who want to raise their adrenaline levels! If you are new to river paddling it's a steep learning curve and the environment can be unforgiving. Can I suggest you get along to the beginner sessions early on in the season. A few swims are inevitable for the white water novice paddler (and experienced) and the water temperature in Plymouth Sound is like a bath compared to our rivers, especially as the winter sets in. As well as warm clothing the equipment required for river paddling is a boat, paddle, buoyancy aid, helmet and spray deck. (Spray deck is not required for open boat trips). Failure to have all the relevant equipment will result in you not being able to paddle.

Our River trips are divided into 3 categories:

1) Beginners. These trips are aimed at the kayak paddler who is either a white water novice or is not yet ready to step up to our intermediate trips. Intermediate kayak paddlers are welcome on these trips on the understanding that they give our beginners plenty of time, room and encouragement to develop their river / entertaining skills.

2) Intermediate. These trips are for the kayak paddler who now finds our beginners sessions easy.

3) Open boat. These trips are for our open boat enthusiasts.

There may (or may not) be opportunities for open boats to join the kayaks trips and vice versa, but please seek the coaches permission first, don't just turn up expecting to paddle.

Club equipment on white water

Club kayaks with accompanying equipment, to be used only on Club river trips, will be available for long term loan again this year, at a charge of £30. Due to recovering from injury Alan Ede our equipment officer is unable to organise lending kit out this year so please contact Damean Miller by text to 07736033316 to arrange times convenient or send an email to dameanmiller@yahoo.co.uk

Winter Pool Sessions

As we have done over previous years we will be running a series of sessions where with one to one help you can practice wet skills, be it support strokes to build up confidence or learning to roll etc in a nice warm environment.

All sessions will be in Plympton Swimming Pool on Saturdays 4pm until 5pm. Club boats are available but need to be booked through the equipment officer. Any boat being used in the pool will need to be clean, this means letting the air bags down and removing them, rinsing thoroughly and then replacing air bags. They must be free from all mud, grit sand etc. As always with club rules under 18s must wear helmets but Buoyancy aids are optional. The cost has gone up slightly this year to us so it will now cost £11 per space, per session. We are limited to a maximum of 10 places per session. Kayaks over 3.0 up to 5.2meters (day touring and sea kayaks) are permitted but you will need to pay for 2 places so £22.

Session Dates so far confirmed are

- 3rd October,
- 31st October,
- 28th November,
- 12th December.
- January, February and March are also planned but not yet confirmed.

All bookings will be taken via our website. Sessions are open to members first but if spaces are available they will be offered to non-members from the Thursday evening before the session. To book please follow the link on the PPCA website home page, (look for the pool picture top right).

Care of Club Equipment

Please remember we try our hardest have enough equipment to allow you to enjoy paddlesport with little initial costs. The committees over the years have worked hard obtaining grants to purchase nice new clothing etc every couple of years, **IT IS YOUR RESPONSIBILITY TO LOOK AFTER IT.** We now have a separate trolley or the smallest youth cags and BA's to give space on the main one for adult sized equipment. Please can you make sure if you use items they are rinsed after use and then hung on the racks. To prolong the life of the cags please use plastic hangers on them and metal for the BA's. Coaches please can you remember to check your group is putting the kit away after each session correctly. On several occasions I have turned up to sessions later in the week and found cags and BA's on the floor and or just thrown on the top of the trolleys and paddles just lent in the corner.

Annual General Meeting

It's that time again our club AGM is coming. The room is booked for Monday 19th October 7pm. We will be in the room beside the bar upstairs. All committee posts are up for renewal. As normal a few people are standing down. If you wish to be nominated please send your details (name post or posts proposer and seconder) to ppca@ppca-canoe-club.org.uk or speak to the current committee members. All those willing to stand again will also need to be nominated and seconded. If we get 2 people going or a post we will put it to the vote at the AGM. As with last year, the current committee cannot nominate. Committee Posts.

- Club Leader – Andy Nicholls
- Secretary – Vacant
- Chair – Mike Scott
- Vice Chair – Jenny Nicholls
- Welfare officer – Vacant
- Intro Coordinator – Vacant
- Membership Secretary – Paul Hewson
- Treasurer – Vacant
- Equipment Officer – Vacant
- Publicity Officer – Pete Anderson
- Youth Development Officer – Damean Miller

If you have any questions about what the roles do and how much time they take please speak to the current or past committee they can tell you.

Club Equipment sales

Hi for those of you not on Facebook you might not have seen the club are trying to sell off some older or lesser used kit to make space for new.

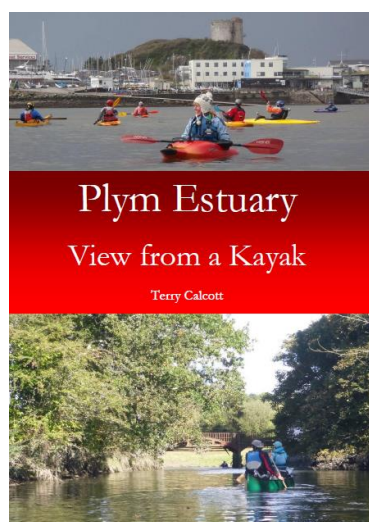
Palm Aquabats, Smaller polo/ general purpose kayaks ideal for youth and smaller adults. These are several years old but due to little use are still in a good condition, with many years life left in them. We used these to run child sessions for ages 8 upwards depending on size. We have 2 Red and 2 Yellow left for sale we are looking for £80 ono per boat. These have plastic seats as shown and adjustable foot rests. Please note these are not being sold with air bags. (For members wanting to purchase these deals including Air bags can be discussed.) Contact Andy Nicholls if you are interested.



The Plym Estuary View from a Kayak (Terry Calcott)

'The Plym Estuary' is a follow on from the previous book about Plymouth Sound (still available) but exploring that sleepy backwater of the Plym and all its hidden gems.

Price £6 a copy with all profits going to the Plymouth RNLI. If you would like a copy please email me at terryc1@blueyonder.co.uk



Discounts

The following traders have been known to give PPCA members discount. If you know of any more, or find any of this information to be incorrect, please let your editor know.

AS watersports, Exeter 5% or 10% on production of your PPCA membership card.

Camel Canoe & Kayaks, Wadebridge. 10% on production of PPCA card.

Cotswold Outdoor. (Plymouth branch only, 15% on production of your PPCA membership card.

Kayaks & Paddles, Plymouth, 15% on production of PPCA membership card.

Mount Batten Bar, 5% on production of current Mount Batten membership card.

Wild Things, Redruth, 10% to club members.

Club Officers

| | | |
|---------------------------|----------------|--------------------------|
| President | Terry Calcott | 07828652775 |
| Chair | Mike Scott | 01752 295478 |
| Vice Chair | Jenny Nicholls | 01752 952628 |
| Club Leader | Andy Nicholls | 07801367363 |
| Asst Club Leader | Jane Hitchings | 01752 691274 |
| Secretary | Bob Grose | 01548 821018 |
| Membership Sec | Paul Hewson | 07870276748 |
| Treasurer | John Elworthy | 01752 823381 |
| Equipment Officer | Alan Ede | 07799556876 |
| Publicity Officer | Pete Anderson | 07958694434 |
| Welfare Officer | Joy Ashford | 01752 344425 07891221781 |
| Introductory co-ordinator | Tracy Jones | 01752 510653 |
| Youth Development | Damean Miller | 01752 492761 07736033316 |

Club e-mail: PPCA@ppca-canoe-club.org.uk (e-mails to this address goes to the club secretary).

Diary dates

These diary dates are correct at time of going to print, please check the website forum or speak to the session leader for any changes nearer to the event.

| Date | Type of paddle | Location | Session leader |
|------------------|--|---------------|--|
| September | | | |
| Sat 19, 10:00 | Rec paddle | Mount Batten | Ian Brimacombe 07720957304 |
| Tues 22, 18:00 | 2 Star 3 Star Open Rec paddle | Mount Batten | Damean Miller, Brian Taylor Ken Hamblin Ian Ruse Terry Calcott |
| Sat 26, 09:00 | 3 Star Sea Assessment | Mount Batten | Clive Ashford 01752 344425 |
| 10:00 | Rec Paddle | Mount Batten | Terry Calcott 07828652775 |
| Tues 29, 18:00 | 2 Star 3 Star Open Rec paddle | Mount Batten | Damean Miller, Brian Taylor Doug Sitch Ian Ruse Terry Calcott |
| October | | | |
| Sat 3, 10:00 | Sea Kayak paddle | TBA | Joy Ashford 01752 344425 <i>The club sea kayaks can be booked with the Club Equipment Officer, Alan Ede, by a text to 07799 556876 or an e-mail to alancede@hotmail.co.uk</i> |
| 16:00 | Swimming Pool Session | Plympton Pool | |
| Sun 4, 09:00 | Beginners River Trip | TBA | Ken Hamblin 01751 365404 |
| Sat 10, 10:00 | Rec Paddle | Mount Batten | Terry Calcott 07828652775 |
| Sun 11, 09:00 | Beginners River Trip | TBA | Clive Ashford 01752 344425 |
| Sat 17, 10:00 | Rec Paddle | Mount Batten | Ian Brimacombe 07720957304 |
| Sun 18, 09:00 | Beginners River Trip | TBA | John / Julie Elworthy 01752 823381 |
| Mon 19, 19:00 | AGM AGM AGM AGM AGM AGM AGM AGM AGM | Mount Batten | |
| Sat 24, 10:00 | Rec Paddle | Mount Batten | John Mitchell 01752 219246 |
| Sun 25, 09:00 | Intermediate River Trip | TBA | Doug Sitch 07966740025 |
| Sat 31, 10:00 | Rec Paddle (Halloween Paddle) | TBA | Terry Calcott 07828652775 |
| 16:00 | Swimming Pool Session | Plympton Pool | |

The 12th edition of Eddylines will be published on Sunday 11th October. Items for inclusion to be received by Friday 9th October. E-mail articles to newsletter@ppca-canoe-club.org.uk

Disclaimer: Opinions expressed in this newsletter do not necessarily reflect those of the PPCA.