



# PPCA Newsletter



## August 2016

### Introduction

Welcome to August's Newsletter, my first as editor. It's also the first Newsletter for a number of months. The reasons for this are given in the Chair's accompanying email but the effect is that this is something of a bumper edition with some detailed information from the Committee about Project Neptune as well as a mix of articles that were submitted for previous Newsletters but never published and some new stuff. Apologies to the contributors whose articles were delayed, you can be assured that what passes for normal service has now been resumed. If your article appears to have been lost, please send it to me again and I will put it in the next edition. Particular apologies to Clive whose article on preparations for the Midsummer(ish) camp is now rather past its Best Before date. There's also a rather long winded editorial. Read on for discussions on wind, scrotums (scrota?) and guano.

### Editorial

Communication is always a problem - at work, at home or within a club. For every person who complains that nobody ever tells them anything and they have no idea what's going on there's another who complains that there's so much information that they don't know where to start. This has been made even more difficult by the internet as there are so many different ways of getting and passing on information. For my first newsletter as editor, I thought it might be worth having a quick refresher as to what can be found where

- The club website <http://www.pcca-canoe-club.org.uk/> - this contains the definitive list of contacts and the up to date list of dates of club paddles and courses in addition to general information about the club
- The club forum - accessible through the website. This has details of club paddles, club trips such as Roseland and the Scillies, requests for cover for events such as the Breakwater Swim and any last minute changes to the calendar e.g. cancellations if the weather turns nasty or there's too much or too little rain. It has some peer paddles although these are now mostly run through Facebook. It's particularly useful in the white water season as it's here that details of these paddles appear. All members have access to this site so these items should go here rather than on Facebook which not all members have access to (although they may appear there as well). There are also sections for photos and chat but this seems to now be mostly on Facebook.
- Facebook – the PPCA page -general chat, photos and videos of trips and paddles etc. Also some cross postings from the forum of changes of dates, appeals for helpers etc. Don't rely on Facebook having all the information about paddles - the forum is the place to find that. There is also a Port Of Plymouth Canoeing Association Page to promote the club to the public.
- Committee minutes - the innermost thoughts of the committee.

Which brings me back to the newsletter. What exactly is the point of having a newsletter in the days of the internet when most of the news of club trips, engagements and swims appears instantly on Facebook, often with an accompanying video? To be honest, I've wondered that myself at times. I'm not faulting the sterling work done by previous editors in any way, it's just that I know they've struggled to find pieces to fill it and regularly had to resort to bribery and coercion in order to get content. If very few members want to write for it, why bother producing it?

I think the reason for having it is that it's the one source of information that everyone gets, even those members with no internet access (OK, the one member with no internet access). It's been an integral part of the club for so long

that there would be a huge outcry if it were to stop as it has played a huge part in giving the club an identity. It's also a place for people to contribute longer, more considered pieces than is possible on Facebook. We have our regular contributors whose articles are always greatly valued and new contributors are always welcome.

I will be delighted if anyone wishes to submit pieces and I will be more than happy to include them but I think the future of the newsletter is primarily as a source of information. To that end, each month it will include the calendar of events (correct at the time of going to press but remember to check the website) and any information the committee wish to put in it as background information to flesh out the minutes - for example the piece in this edition about Project Neptune - and, unless people offer pieces, not a lot more. That said, the Newsletter should not simply be the voice of the committee and it is, as it always has been, open to any member to submit any (non libellous) article they wish. It will, however, come out every month and be circulated with the committee minutes. That way, hopefully, everyone will at least have the basic information that they need as members of the club.

Ivor Jones

Newsletter Editor

## The Committee

Committee Post	Name	Club Email	Phone Number
Club Secretary	Bob Grose	ppca@ppca-canoe-club.org.uk secretary@ppca-canoe-club.org.uk	01548 821018
Club Leader	Andy Nicholls	leader@ppca-canoe-club.org.uk	07801 367363
Welfare Officer	Sheona Grant	welfare@ppca-canoe-club.org.uk	07933 780511
Intro Course Coordinator	Wendy James	intro@ppca-canoe-club.org.uk	07952 232069
Chair	Tracy Jones	chair@ppca-canoe-club.org.uk	01752 510653
Vice Chair	Mike Scott	vchair@ppca-canoe-club.org.uk	01752 295478
Assistant Club Leader	Ben Mitchell	acleader@ppca-canoe-club.org.uk	07909 807000
Membership Secretary	Paul Hewson	membership@ppca-canoe-club.org.uk	07870 276748
Treasurer	Jenny Nicholls	treasurer@ppca-canoe-club.org.uk	01752 952628
Equipment Officer	Pete Anderson	equipment@ppca-canoe-club.org.uk	07958 694434
Publicity Officer	Vacant	publicity@ppca-canoe-club.org.uk	07429 047430
Youth Development Officer	Damean Miller	youth@ppca-canoe-club.org.uk	07736033316
Club President	Terry Calcott	N/A	07828 652775

## Next Committee Meeting

The next committee meeting will be on 7<sup>th</sup> September 2016. If you have any points you wish to raise, please contact Bob Grose [secretary@ppca-canoe-club.org.uk](mailto:secretary@ppca-canoe-club.org.uk)

## Annual General Meeting

The AGM will be held on Monday 10<sup>th</sup> October at 19:00 in the Waterside Room at Mountbatten.

The purpose of the meeting is to accept reports from club officers and to elect a new committee. It is also an opportunity for member to change the club constitution. Any proposed constitutional rule changes MUST be signed by at least 10 members and MUST be received by the Chair by 10<sup>th</sup> September.

There will be no "Any Other Business" at the end of the meeting.

### Project Neptune

This project has the potential to be one of the biggest decisions that the club has ever made. It would involve a change in the location of the club and may involve a considerable financial commitment.

Sheona has written a piece describing the project and the committee have produced a table looking, as impartially as possible at the effect the change would have on the club. I've also attached the promotional leaflet from the project.

### The Neptune Project by Sheona Grant

The Committee were approached by Jeff Hammond of Mayflower Offshore Rowing Club regarding a proposed development of a new purpose built watersports hub at Neptune Park in Plymouth. Mayflower Offshore Rowing Club are currently in temporary facilities, one of a number of temporary locations they've been based at over the past few years. In looking to secure a permanent sustainable club location in Plymouth they have developed a proposal for a purpose built watersports hub at Neptune Park.

Jeff gave a presentation to the Committee on this proposal and Committee members have attended some meetings to keep abreast of developments. The Committee feels that the members should decide whether this is an opportunity suitable for the PPCA and whether members would like the committee to engage more actively with this proposal with the view to committing the club to moving to this new facility if it becomes a reality. PPCA will therefore be putting it to member vote at the AGM.

Some key points from the proposal are:

- Estimate of total cost for site purchase and development: £750,000. This includes £150,000 for the site which is owned by Cattedown Regeneration.
- Proposed facilities include under-cover storage, changing rooms/showers, lecture rooms, a fitness suite, cafe/bar. Car parking will be off-site. Access to the water is via a slipway (to be built across the existing firm base provided by the wave armour). Access to the slipway is across a road and around a building. The slipway will be for the use of this site only and will not be for public access.
- Other organisations who are involved in this project are:
  - Plymouth and Devon School Sailing Association
  - Plymouth Schools Rowing Project
  - Mayflower Offshore Rowing Association
  - Royal Navy and Royal Marines Rowing
- Other organisations have also expressed interest include Sea Cadets, Plymouth University Rowing Club, and Marjon University.
- British Rowing is supportive of the project and have suggested they could provide £50,000 funding.
- Governance will include each member club's committee (dealing with their own affairs) plus a management committee made up of representatives from the member clubs. A legal entity will need to be established to own the site, the exact form this would take is not yet decided.
- The Duchy of Cornwall has an interest as owners of the littoral. This means there would be an annual rent of £10,000 for the whole area including office buildings and TR2 (i.e. not just the site Watersports Hub site).

A proposal flyer has also been attached to provide members with additional information.

The Committee have invited Jeff to give a short presentation at the AGM. Afterwards there will be the opportunity to ask questions and then a closed session for PPCA members to vote on whether they feel the proposed Watersports Hub at Neptune Park would be a good site for PPCA and if members would like the committee to actively engage in this opportunity with the view to potentially moving the club into these facilities if they are realised.

### Committee Summary

Consideration	Current	Project Neptune
Facilities	2 rented sheds MB responsible for maintenance	Planning permission not yet applied for Shared ownership of buildings Shared responsibility for maintenance Currently unclear whether the club will have comparable floor and storage space - currently one of six clubs involved.
Water Access	2 public slipways plus Black beach / pontoon	1 slipway to be shared with other Neptune Project users (primarily rowing clubs)
	Close to MB Centre	Greater distance to slipway with the need to cross the access road to the site.
	Easy access to Plymouth Sound / River Plym etc at all states of tide. Easy access to areas for all abilities.	Access directly into River Plym with a greater distance to reach the Sound (approximately 10 minutes each way to Mountbatten).  Close to shipping lane.  Fewer sheltered areas for beginners with potentially strong tidal currents. May not be appealing for newcomers with knock on effect on membership.  Planned increase in shipping and associated dredging may further decrease easy access to safe water for beginners.
Location	Close to café, pub etc.	Planned on-site café but no other facilities nearby
	Long drive from city	Closer to city centre
		In blast zone of oil depot ? insurance implications
Cost	MB rent is ~ £3500 /shed /year plus MB affiliation for members ~ £65 /	Potentially cheaper / year to run but detailed financial analysis not yet done, so recurrent costs (maintenance, staff, utilities, insurances etc) and cost of site purchase and development not yet known (current

Consideration	Current	Project Neptune
	<p>year</p> <p>Mountbatten fees will increase by 5% p.a. for the next few years to cover bringing employee's wages in line with the living wage.</p>	<p>purchase / development estimate (£750,000).</p> <p>PPCA involvement would potentially allow funding to be obtained from Sport England although the terms of this funding are unclear. PPCA may also need to explore other sources of funding.</p> <p>Unknown liability if other partner(s) pulls out</p>
Car Parking	MB car parks plus public car park plus on road parking	The car parking situation needs to be clarified. This may be off-site and there may be competition with other users.
Public Transport	Good but time-consuming bus links to the City Centre plus MB Water Taxi	Limited / no public transport Bus stop ~800 metres, no buses after 6pm (none on Sundays)
Security	<p>Located in a well populated area due to housing / MB pub etc.</p> <p>Kit locked in shed / behind locked gate at night.</p>	<p>Surrounded by industrial buildings and TR2.</p> <p>Little passing traffic / footfall after working hours.</p> <p>Site to be fenced but other security proposals to be clarified.</p>
Governance	<p>Mountbatten has charity status and we are a long standing affiliate.</p> <p>PPCA is a member of the MB Affiliates Group which has a member on the Mountbatten board.</p> <p>PPCA one voice among other affiliates.</p>	<p>Subject to funds we raise, PPCA would have part-ownership of the buildings, but percentage stake depends on financial share.</p> <p>Primarily a Rowing club site, so risks of canoeing/kayaking being minority voice in governance decisions.</p> <p>Governance structures yet to be proposed by Neptune steering group.</p>

## Location Maps



The site is accessible by land and can be seen from the water so members can view it in person before the AGM.

### The Jasper Winn scale by Clive Ashford

So there is this Irishman called Jasper Winn who has written a book entitled Paddle: A long way around Ireland, in which he describes his solo circumnavigation of the emerald isle in a sea kayak. If you delve inside the covers you will be entertained with anecdotes that are amusing, informative and moving in equal measure. No paddling experience is required, this book will delight the paddler and non paddler alike so beg, steal, borrow or even buy a copy and you won't be disappointed. (I read a signed copy that was borrowed from Jane Seigne).

There are many highlights to savour but one of my favourites is Jasper's take on the Beaufort Scale, which is reproduced here with Jasper's permission. (No doubt Beaufort is turning in his grave).

- Force 0.**        **Calm.** Midges unimpeded.
- Force 1.**        **Light air.** A mythical balminess found only in Irish mythology, and abroad.
- Force 2.**        **Light breeze.** Blows smoke in your face on whichever side of the fire you sit.
- Force 3.**        **Gentle breeze.** Too chill for only a shirt, but a jumper is too warm.
- Force 4.**        **Moderate breeze.** Tent skin flaps irritatingly, but not enough force to clear drizzle.
- Force 5.**        **Fresh breeze.** At sea, blows spray in face; on land blows dry clothing into sea.
- Force 6.**        **Strong breeze.** Blows rain sideways and coffee mug over. At sea, blows you somewhere you really don't want to be.
- Force 7.**        **Near gale.** If on water sense doom. If ashore, no paddling today. Nor tomorrow. Nor anytime soon.
- Force 8.**        **Gale.** Wetsuit blows away, along with rocks it's tied to. In the pub so probably won't notice.
- Force 9.**        **Severe gale.** Tent and all kit blown away. Still in the pub, so as above.
- Force 10.**       **Storm.** Part of the pub roof blows off. Kayak tied to tree; both disappeared.

Tell me that you are not amused and I will show someone without a sense of humour.

Clive A.

Eleven adventurous PPCA members met up at Blackpool Sands, (not sandy,) car park on Saturday morning in good time to be on the water by 10.30am. If I hadn't turned off my satnav I would still be driving down impossibly narrow lanes in ever decreasing circles now! Once found, Blackpool beach owners very kindly let us park up our vehicles for



Nearly ready to launch.

36 hrs completely free, they generously did the same at our last trip from here 6 years ago and we are very grateful to them. There was lots of huffing and puffing and muttering going on as people tried to stow all the various bits of their kit into their hatches and at the same time remember what was stowed where. Apparently having many small, colour coded and labelled stuff bags that can be squeezed into 2 or 3 larger dry bags that you lay into the hatches first before trying to do up the bag in a waterproof fashion, is the most effective way to pack a sea kayak- according to "You tube" any rate. Then came the challenge of carrying a fully laden boat across the car park and over the finely shingled beach to the water's edge. Not only did this kill one's arms and

backs but small stones in ones Crocs added to the hardship. (Knowledgeable man on you tube didn't say anything about packing your boat next to the water, he did say though that taking 2 empty IKEA bags to fill up when you land and convey to the camp site, was a good idea.) Blackpool beach shelves very steeply when the tide is out and we slid into the waves like so many brightly coloured turtles. It was more like 11.15 when the stragglers caught up and we were finally all on the water in a group, ready to go. The weather wasn't sunny but it wasn't raining either, the wind was force 3, gusting 4, north westerly, which dropped the ambient temperature and under Clive's fabled leadership we set off as one happy and excited bunch, a threatening grey sky wasn't going to dampen our spirits and past Dartmouth the sun came out in a fickle and teasing manner.

This part of the South Devon coast is known for its inaccessibility, high, fissured and often unstable sea cliffs with precipitous and unstable faces. It is dramatic and the only way to really appreciate its beauty and wildness is from the sea. We made good time over the Dartmouth channel despite being very wind exposed and we headed for the Mew Stone and Eastern Black Rock in the hope of spotting seals. We were spotted by a young female seal who enthralled us with her inquisitive playfulness, she kept disappearing and then popping up right behind whoever had the camera. She was especially taken with Adam's boat or maybe it was with Adam!

After 6 miles or so of carving a way through the choppy green waters we landed on Long Sand Beach (no sand,) where we were to camp. It appeared to have only a tiny shelf of pebbles above high tide, but Clive had camped here on a Spring tide and vouched for its dryness. I was sceptical but thought it would be fun to wake up with water pouring into the tent, so I dug a moat in front of my tent and chuckled to myself thinking of the stories I could tell at Clive's expense.

We duly unpacked our kayaks and pitched our tents on the pebbly high ground, having to use rocks instead of guy ropes and having to first clear away any dead seagulls, fish, seaweed, nylon fishing line and many varieties of discarded plastic. I wasn't entirely confident that my tent wouldn't blow away in the wind or float away on the tide but it didn't, we were safe and dry.



Dead Man's Fingers.

After pitching camp, 10 of us left Karen behind to rest up and guard the tents whilst we went off to explore the coast between us and Berry Head. We had a great experience, probing caves, some of them going back 100 yards or more.

Some of them opened up after an initial narrow barnacle encrusted, knuckle bleeding passage into a cavern with preternatural light and sound of water deeply echoing as it beat against a distant subterranean beach. We spotted some white droopy scrotum look a-likes attached to the cave walls that were properly named "Dead Man's Fingers," they didn't look half so much like fingers as they did scrotum but never mind.

In one particularly narrow and deep reaching cave. Adam, Jane and Joy surprised a friendly seal, who dived under our boats and repeatedly surfaced, snorting water and exploring the ends of our kayaks with her whiskers. The water was so clear beneath us that we could follow her when she dived, she seemed as fascinated with our boats as we were with her. Eventually she got bored and swam off and we hurried off to join the group, who were wondering if we had decided to enact Journey to the Centre of the Earth.

We glided past a large colony of very smelly Guillemots, who with the characteristic, clumsy, splay legged flight of all the Auk family, glided over our heads and plummeted into the fertile fishing grounds 50 yards distant, they returned to their precarious perches on the cliff ledges to digest their crops full of fish and add to the brilliant white guano and smell that surrounds them. It always amazes me how wildlife seem to ignore or tolerate us in kayaks when they would make a noisy mass exit if we appeared on foot. For a wildlife lover this is one of the joys and privileges of sea kayak voyages. As we neared Berry Head, the tidal flow became very obvious and we had to paddle hard to stay still. We closely passed a bull grey seal in crescent shaped repose on an exposed rock. He just stared at us and didn't bother to plop back into the water. Once round Berry Head the wind hit us with full force so we turned back the way we had come. It was a fairly brisk paddle back to our camp site with the tide behind us. We beached our kayaks, lifted (composite,) or dragged them (plastic,) above the high tide mark, which virtually meant beside our tents.

People busied themselves cooking elaborate or ready meals on their butane stoves. Joy's Kelly kettle fuelled by beach



Rock arch near Leonards Cove.

debris provided ample hot water for teas and coffees for thirsty campers. After tea, Karen and Adam scoured the beach for driftwood and a cheerful camp fire was lit. Alan in his poncho, and various other ill -dressed hobos lay around the fire discussing politics but changed subject before it came to blows. All of us were feeling very mellow and pleased to be sharing such a wonderful experience with each other. Much alcohol and banter was exchanged before a relatively early turn in. The sea had crept to within 3 feet of my tent when I went to bed and in the middle of the night, when I went out for a wee, it was lapping the outer wall of my dyke. The moon was huge with a bite out of it at 1 O'clock and was the colour of a blood orange, I sat and watched it for a while and saw that the high tide had peaked and was now receding. Comforted I fell into a deep and

dreamless sleep.

Since our tardiness on getting on the water the previous morning had been commented on, we all cooperated and made a super human effort to deconstruct our camp, pack our boats, (how did I stuff all that in in first place?) on time. We were all smugly bobbing on the water at 9.10 am, only 10 minutes late (actually I was the only smug one because I thought Clive had said 9.30!) It was much harder paddling back to Blackpool Sands because the tide was against us and we had quite a headwind. Sea conditions were "messy" and by the time we finally landed my hands were blistered and my back muscle sore. However it was such good fun that I would do it all over again. I actually wondered why there were only 11 of us, this is such a great paddling experience that loads more of the club should try it.

Massive thanks to Clive for leading the trip and booking Blackpool Sands, also to Joy for co leading. Thanks to Adam, Big Jane, Baby Jane, Baby Dave, Alan, Jackie, Helga and Karen for being such good expedition buddies!

Jane Hitchings (a.k.a. "mad Jane)

## Fun Session and Two Star Assessment – Andy Nicholls

### Two Star Assessment September - Date and Coach to be confirmed

The second of the planned 2 star assessments will happen mid-September, I am still sorting coach availability to finalise the date. Don't forget this is taken in BOTH Canoe and Kayak. There is a 2 star progression chart which is downloadable from our website under the coaching tab. There will also be a few I will bring on Tuesday. These list all the skills you need to be able to do in both Canoe and Kayak.

I will announce the date ASAP via the club forum and Facebook group.

### Tuesday end of season fun session. 27<sup>th</sup> September

To end the season with some fun and to give you all a break from training. This will be a very wet session of playing paddlesport games such as raft running etc. All are welcome. This will be instead of the usual 2 star training and will probably include canoes and kayaks weather depending.

## Financial News

Many of our members paddle the River Dart during the white water season. Canoe England own a strip of the riverbank just below Holne Bridge which allows free parking and free access to the river. Over the last few years, they have spent over £5000 on essential maintenance of this stretch which has eaten up all their available funds. They have asked for voluntary donations of £50-£100 from the clubs that use the area to replenish their funds so that they can continue to maintain the access. As PPCA members use this access throughout the season free of charge and have done so for many years, the committee thought that the club should send a donation of £100 to maintain this access for current and future paddlers.



More details are available at <http://www.canoe-england-southwest.org.uk/region11/index.cfm/news/the-river-dart-needs-your-help/>

## Events

A Quiz is being organised at the Morley Arms on Tuesday 25<sup>th</sup> October. Details will follow in the September Newsletter.

## Situations Vacant

Following the AGM, a new committee has to be elected and all posts will become vacant. A number of the existing members have expressed an interest in staying on the committee but if there is any post that particularly appeals to you, please make your interest known to the Chair.

The committee consists of

- Chair
- Vice Chair
- Club Leader
- Deputy Club Leader (co-opted by Club Leader)
- Secretary
- Treasurer
- Welfare Officer
- Equipment Officer
- Membership Secretary
- Course Co-ordinator
- Youth and Development Officer
- Publicity

The chair would be particularly interested in expressions of interest in the following posts

- Membership Secretary
- Course Co-ordinator
- Youth and Development Officer
- Publicity
- Vice Chair

Job descriptions are available (amazingly).

You will need to have a Proposer and Secunder but these can be found quite easily at low cost.

Interested Parties are advised to apply early to beat the rush. None of the positions carry any remuneration other than the satisfaction of knowing that you have helped the club in the way that the club has helped you. Please speak to any member of the committee if you are interested.

Please don't be put off applying if you are a relatively new member of the club. New blood is always welcome – in fact it is vital if the committee is to remain connected to the membership, and a fresh pair of eyes may well spot the blindingly obvious things that the other members may miss.

It is important that all areas of the club are represented on the Committee and that no single group dominates so if you feel that your preferred activity is not adequately represented, please stand for a post.

## Personal Announcements

The club are pleased to announce the engagement of Mr Dave Fackrell and Ms Jane Dance. It is understood that the proposal took place on the sea crossing to the Scillies, a brave decision considering the effect that this crossing generally has on passengers.

## And Finally...

Don't forget that with the Fireworks Competition on the 16<sup>th</sup> and 17<sup>th</sup> August, there will be no Tuesday evening session on the 16th



## Next Edition

The deadline for submission of articles will usually be the first Wednesday of the month to tie in with the Committee meeting so that the Newsletter can be sent out with the minutes. That makes the deadline 7<sup>th</sup> September.

## Contributions

Please send any contributions to [newsletter@ppca-canoe-club.org.uk](mailto:newsletter@ppca-canoe-club.org.uk)

## Club Calendar

Day/Date		Session Start Time (On the Water)	Session Type	Coach or Coaches
Tuesday	09-Aug	18:00	2 star kayak	Damean Miller and Justin Frost
		18:00	2 Star Canoe	Andy Nicholls
		18:00	3 Star Kayak	Doug Sitch
		18:00	Recreational Paddle	Clive Ashford
Friday	12-Aug	18:00	Open Canoe Recreational Paddle	Ian Ruse 07980 355019
Saturday	13-Aug	10:00	Recreational paddle	Doug Sitch 07966 74002
		10:00	Intermediate Sea Kayak Paddle	Clive Ashford 01752 344425
		09:00	T5 Starter Session	Jenny Nicholls
		13:00	SOT5 Safety Course	Jenny Nicholls
Tuesday	16-Aug		British Fireworks championships	No Sessions
Wednesday	17-Aug		British Fireworks championships	No Sessions
Friday	19-Aug	18:00	Open Canoe Recreational Paddle	Ian Ruse 07980 355019
Saturday	20-Aug	10:00	Recreational Paddle	Joy Ashford 01752 344425
Tuesday	23-Aug	18:00	2 star kayak	Damean Miller and Justin Frost
		18:00	2 Star Canoe	Jenny Nicholls
		18:00	3 Star Kayak	Doug Sitch
		18:00	Recreational Paddle	Clive Ashford
Friday	26-Aug	18:00	Open Canoe Recreational Paddle	Ian Ruse 07980 355019
Saturday	27-Aug	10:00	Recreational Paddle	Terry Calcott 07828 652775
		09:00	OSC 5 One Star Course	Clive Ashford
Tuesday	30-Aug	18:00	2 star kayak	Damean Miller and Andy Kittle
		18:00	2 Star Canoe	Ian Ruse
		18:00	3 Star Kayak	Doug Sitch
		18:00	Recreational Paddle	Terry Calcott
Friday	02-Sep	18:00	Open Canoe Recreational Paddle	Ian Ruse 07980 355019
Saturday	03-Sep	10:00	Sea Kayak Paddle	Joy Ashford 01752 344425
Tuesday	06-Sep	18:00	2 star kayak	Damean Miller and Andy Kittle
		18:00	2 Star Canoe	Ian Ruse
		18:00	3 Star Kayak	Doug Sitch
		18:00	Recreational Paddle	Terry Calcott
Friday	09-Sep	18:00	Open Canoe Recreational Paddle	Ian Ruse 07980 355019
Saturday	10-Sep	10:00	rec paddle	Ian Brimacombe 07720 957304
Tuesday	13-Sep	18:00	2 star kayak	Damean Miller and Andy Kittle

Day/Date		Session Start Time (On the Water)	Session Type	Coach or Coaches
		18:00	2 Star Canoe	Ian Ruse
		18:00	3 Star Kayak	Doug Sitch
		18:00	Recreational Paddle	Terry Calcott
Friday	16-Sep	18:00	Open Canoe Recreational Paddle	Ian Ruse 07980 355019
Saturday	17-Sep	10:00	Recreational Paddle	Clive Ashford 01752 344425
Tuesday	20-Sep	18:00	2 star kayak	Damean Miller and Andy Kittle
		18:00	2 Star Canoe	Ian Ruse
		18:00	3 Star Kayak	Doug Sitch
		18:00	Recreational Paddle	Terry Calcott
Friday	23-Sep	18:00	Open Canoe Recreational Paddle	Ian Ruse 07980 355019
Saturday	24-Sep	10:00	Recreational Paddle	Doug Sitch 07966 740025
Tuesday	27-Sep	18:00	2 Star Fun Session	Damean Miller and Andy Kittle Ian Ruse and Andy Nicholls
		18:00	3 Star Kayak	Doug Sitch
		18:00	Recreational Paddle	Terry Calcott
<b>Future Dates</b>				
Monday	10-Oct	19:00	Club AGM	Details to follow
Tuesday	25-Oct	19:00	Club Quiz Night	Details to follow