



PPCA Newsletter

January 2020

Introduction

Welcome to January's Newsletter. At first glance one could be forgiven for thinking there's not a lot in this month's edition and, in terms of quantity, you would be correct. Ken's piece, however, showcases an important award for the club and it's worth ploughing through British Canoeing's letter to understand its importance. Pete's piece, meanwhile, makes important reading for anyone considering a coaching award and Adam has some useful information on how to keep up to date with club events.

Editorial

Returning to the theme of there not being much in this edition, now that the year is no longer new and resolutions involving gyms, marathons and soft drinks have long been forgotten, could I suggest that an excellent and achievable New Year's resolution would be to submit an article to the Newsletter? I can't promise that it will help you lose weight or make you fitter but the warm glow of satisfaction from seeing your name in print in one of Plymouth's leading paddling journals should more than make up for such trivia.

Ivor Jones

Newsletter Editor

Next Committee Meeting

Please forward any items you would like considered at the next committee meeting to secretary@ppca-canoe-club.org.uk. They will go to the secretary.

Next Edition

There is no specific deadline as such for contributions but please bear in mind my general sloth and indolence and let me have anything time-sensitive well in advance.

Contributions

Please send any contributions to newsletter@ppca-canoe-club.org.uk

Acknowledgements

The cover photographers for August are, as ever - Joy, Debbie and Terry

PPCA Awarded Clubmark by Ken Hamblin, Chair

First of all, may I wish you all a belated Happy and Successful New Year and hope to see all of you on many paddles this year.

Secondly, I am sure you will be pleased to know that we have the standards required to continue with our Quality Club Mark.

As I am sure many of you would not have much idea what this actually means so I have added this article from the British Canoeing Website

Unfortunately this will be the last time Quality Club Mark will be awarded as a short while after we started this process Sport England in their infinite wisdom have decided that although there will be a similar recognition it will come under a different name which they have not decided on yet. It is supposed to be announced in early 2020.

Finally without the support of our previous committees and a lot of hard work from our current committee along with the generous amount of time all our coaches and many of you as helpers have given and hopefully will continue to give to the club we could not have succeeded with this application so on behalf of all the membership may I say a big thank you to all of you and many, many thanks!



Editor's Note: As is often the way with British Canoeing, the letter goes on a bit so I've done a bit of genuine editing for a change and tried to make it a little more readable. Apologies to Ken if I've taken out anything important.

British Canoeing Club Quality Mark

Incorporating Sport England's Club Mark

1. What is Quality Mark?

Quality Mark is British Canoeing's Quality Kite Mark for canoe clubs. The achievement of this standard also meets the criteria specified in Club Mark, Sport England's cross sport accreditation scheme. This demonstrates best practise in the running and management of sports clubs and is recognised throughout England. On achieving this standard your club will be accredited with both awards. Accreditation will last for 3 years.

2. Which Clubs is it for?

The British Canoeing Quality Mark and Club Mark are relevant to all clubs whether senior, junior or open age. It crosses all branches of the sport and disciplines, helping to embed good practise and to publicly identify your club as a well-run organisation with high quality activities.

The purpose of the British Canoeing Club Mark is: -

- To promote the development of clubs and make them safer, stronger and more successful
- Provide evidence for investment in facilities and activities.
- Promote the planning and delivery of a quality programme of activities, events and coaching.
- Ensure clubs play a role in offering opportunities for participation and achievement.

3. Benefits to your club

- a. Public recognition as a Quality Kite Marked canoe club.

Recognition through Sport England's National Club Mark scheme. Both the Sport England Club Mark and British Canoeing Quality Mark logos may be used to promote your club.

- b. Positioned to access funding

Club/Quality mark portfolio provides evidence to support investment and will help meet the grant aid criteria of most organisations.

- c. Receive prioritised support from British canoeing staff and development team to achieve your objectives.

d. A system to help your club grow offering high quality activities and paddler development. A focus on coach and volunteer development.

e. Raised club profile and recognition from, Local Authorities, schools, Sport England, County Sports Partnerships etc

- f. Improved sustainability and embed up to date operating procedures and practises.

4. Accreditation process

- a. Running your club

Clubs must submit evidence of their practises, procedures and activities every 3 years. There are 12 areas where evidence or activities every 3 years. There are 12 areas where evidence or information is required split between 4 different sections. These are: -

- Activity Programme
- Welfare and equity (safe and fair treatment of members and participants)
- Promotion and engagement with your community

- Club Management
- b. Club Development

Together with the above submission, you must submit a 3 year development plan.

Once you have achieved accreditation, each year you will be asked to submit an action plan setting out your main objectives for the next 12 months.

Sport and Recreational Grant Aid by Pete Anderson

Just a reminder to all of you that reside within Plymouth City borders who may be thinking of a BC leadership or coach award that the council can offer a grant towards the costs. Click here for details.

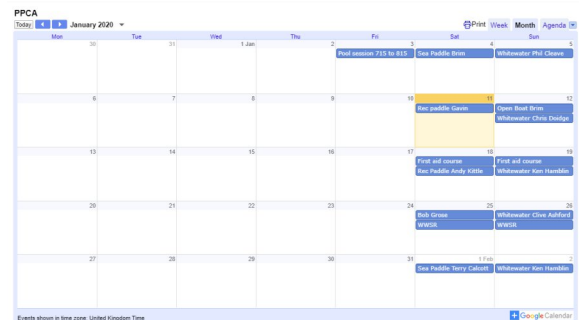
I recently made a application for my BC Advanced Whitewater Leader award which was accepted. In effect a 50% discount on the leader training and assessment course I attended.

Club Calendar by Adam Coulson

As I'm sure you know, the club calendar is kept up to date on the website courtesy of our excellent Club Leader. This is primarily to show the dates of all club activities. Further details are then available via either the forum or courses section of the website.

If you use Google Calendar yourself it is possible to coordinate calendars so that the club calendar appears on your own. I find this very useful. It is easiest to set up on a PC rather than mobile phone. However, you can, of course, synchronise all of your android devices with your Google Calendar. There are various settings that you can manage, and you can always switch it off (temporarily or permanently). The club calendar address is ppca.100@gmail.com. You will need your own Google account and e-mail address. If you would like to avail yourself of this service then please get in touch with Marty by emailing him at leader@ppca-canoe-club.org.uk, and let him know your g-mail address. For any further problem solving please contact your own IT advisor.

Happy New Year of paddlesport!



Events

Talk at Exeter University Canoe Club by Marty Johnston

Exeter uni have invited club members to an evening with pro white water paddler Bren Orton.

For more info and to book tickets [click here](#).

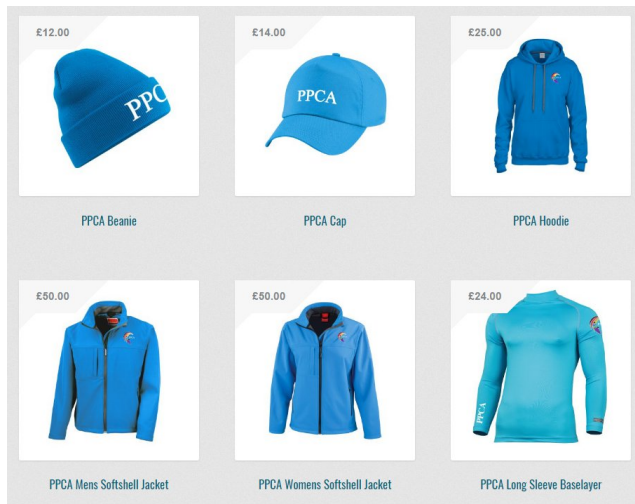
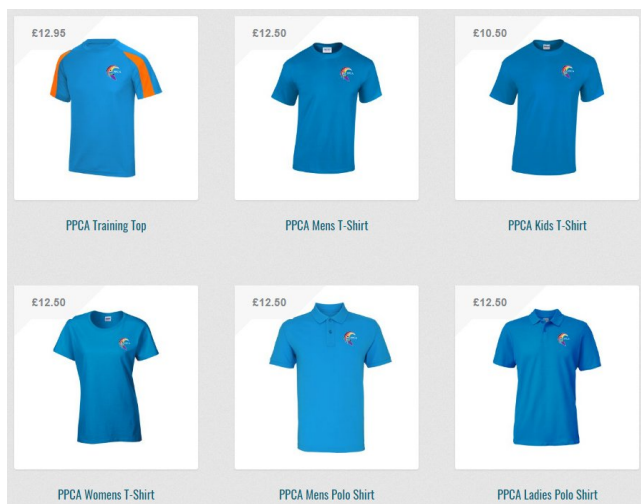


Exchange and Mart

PPCA Club Clothing by Jackie Perry, Publicity Officer

A full range of customised kit in either blue or black is available to order direct from Tailored Branding via the link below

<https://hsclothing.co.uk/ppca-3/>



Discount Available at Millets, 38/40 New George St, Plymouth PL1 1RW

One of our members works in the Millets store (Big 'Thank you' to Lee McKenzie!) on New George Street, Plymouth and has negotiated with his Manager a great discount of 15% on production of your PPCA club membership card. Usual T's & C's apply, e.g. goods already discounted/sales items might be excluded.

Discount Available at Kayaks and Paddles

Kayaks and paddles offer discount to local kayak and canoe clubs. The PPCA and Tamar Canoe club can get a discount up to 15%. This is an offer not a right for the person that is making a purchase, so please do not go upsetting Kayaks and Paddles employees as this discount might be taken away.



Raise free donations for us every time you shop online with easyfundraising!



<https://www.easyfundraising.org.uk/causes/ppca/>

Club Calendar

Please bear in mind that, while the calendar is correct at the time of going to press things can, and often do, change at the last minute, particularly in the white water season. Please double-check with the online calendar before putting on your dry suit.

For the Diary

7th August 2020: Isles of Scilly

Recreational Paddles (Saturdays)

4th January - Brim (Sea Paddle)

11th January Gavin Bennett

18th January - Andy Kittle

25th January - Bob Grose

1st February - Terray Calcott (Sea Paddle)

8th February - Gavin Bennett

15th February - Brim

22nd February - Joy Ashford

29th February - Bob Grose

Pool Sessions (19:15)

17th January

White Water (Sundays)

5th January - Phil Cleave

12th January - Chris Doidge

19th January - Ken Hamblin

26th January - Clive Ashford

2nd February - Ken Hamblin

9th February - Doug Sitch

16th February - Clive Ashford

23rd February - Pete Anderson

Open Canoe White Water

12th January - Brim

9th February - Brim

Courses

18th-19th January - First Aid

25th-26th January - White Water Safety and Rescue

The Committee

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