

# ***Port of Plymouth Canoeing Association***

## ***Junior Club Rules***

***These rules apply to any member of the Port of Plymouth Canoeing Association under the age of 18 years.***

### ***Rule 1. Session Leaders***

- All PPCA official sessions will be led by qualified Level 2 or Level 3 or level 4 coaches as appropriate.
- The session leader has the authority to cancel the session, restrict the numbers or set a minimum standard level of ability of those attending.

### ***Rule 2. Use of Safety Equipment***

- Session leaders will insist on the use of safety equipment appropriate to the activity. Failure to comply will prevent an individual or group from participating in that activity.
- A correctly fitting buoyancy aid will be worn at all times during activities on or near the water.
- A safety helmet will be worn by all under-18's.

### ***Rule 3. Behaviour.***

- All members must respect their coaches and their decisions.
- Any member acting in a manner prejudicial to the interests of the club will be subject to disciplinary action.
- Any member found abusing club equipment or using club/member's equipment without approval would be subject to disciplinary action. Such disciplinary action can include suspension or expulsion as seen fit by the committee.
- There will be no jumping from any object into the water, unless the session coach has assessed the water depth to see if it's safe to do so.
- Kayak paddles are to be carried or placed into the kayak when taking it to the waters edge.
- You should not be alone with any adult apart from your own family.
- The Club will not tolerate any foul language to any member of the PPCA or any member of the public when at a club meeting and will not tolerate any racist's or homophobic remarks. All members will respect other members of the club whatever their ethnicity, cultural, religious beliefs or faith.

### ***Rule 4. Use of Club Equipment.***

- Members should pair up with another member, parent / helper to carry the kayaks to the waters edge.
- No club equipment is to be used for white water paddling or rock-hopping unless agreed by the committee.
- Any damage must be reported immediately to the Equipment Officer or a committee member to maintain the safe state of all club equipment.

### ***Rule 5. BCU***

- Members will comply with all British Canoe Union rules and regulations.
- Members are entitled to attend all club activities provided that he / she holds a BCU 1 Star certificate or has satisfied the club leader as to their proficiency, and are aged 12 years or more. Any member that does not satisfy either of these requirements will be restricted to attend either Rainbow or Paddle Power sessions, depending on their membership status.

### ***Rule 6. Personal Equipment***

- All personal equipment used during club activities shall be 'fit for purpose'.

- All boats will be fitted with adequate buoyancy, end grabs/toggles and be sea worthy. Paddles should be free from sharp edges etc.

### ***Rule 7. Session Registration***

- All participants attending sessions must fill in the registration forms before the session start and report any health concerns at the start of the session to the session leader.
- Participants must report all injuries, cuts & bruises and any incidents to the session leader which have been sustained during the session before leaving the centre.

### ***Rule 8. Members storage shed. (Shed No. 2)***

- Members are entitled to store one kayak (per member) in shed number 2 subject to available space.
- All boats are to be stored upright leaning against the wall in a slot or on the trolley and tied off for safety.
- Applications for the storage of all boats must to be approved by the Membership Secretary.
- All personal equipment must be clearly identified.
- The shed is to be kept clean, tidy and safe at all times.
- Personal access to this shed is restricted to adults only.
- No PPCA club equipment is to be stored in the members shed.

### ***Rule 9. Club Activities.***

- These rules apply to all PPCA activities.
- All other paddling activities are "private paddling trips" where the PPCA has no responsibility/liability.

### ***Rule 10. Termination of Membership***

- Members wishing to terminate (or failing to renew) membership will be required to remove all personal kayak/canoe & other equipment stored in the members shed within 4 weeks and return any keys issued.
- Any member who has their membership terminated by the committee will be required to remove any personal kayak/canoe & other equipment stored in the members shed immediately and return any keys issued.
- The PPCA reserve the right to dispose of any equipment left in the club sheds by a lapsed member. Any proceeds from such disposal will be used for club funds.